

# A GUIDE TO

WHAT TO EXPECT WHEN YOU COME  
FOR YOUR FIRST SPERM TEST



NATAL  
FERTILITY  
CLINIC

# FEEL FREE

To make an appointment



CALL OUR FRIENDLY RECEPTIONIST ON:

## 031 830 3040

### DONT DELAY

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The sooner you have results,  
the sooner we can help you

### WE OPEN

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Any Weekday From  
8am - 3pm

### ASSIST YOU

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We have 2 experienced  
embryologists who  
will assist with any  
questions you have.



# PREPARE

## FOR YOUR TEST

- Follow your instructions.
- Read the note from the doctor that you recieved.
- Keep to 1-2 days abstinence - otherwise the test will be compromised

**You can phone or email us  
if you are uncertain.**





# THE DAY HAS COME EXCUSE THE PUN ———

## WE WILL NEED YOUR DETAILS

Bring your partner's details with-  
we treat you as a couple.

Tell us if you are on any  
medications or supplements

Bring the doctor's note with you-  
it indicates which test we need to  
do for you and who your doctor is

## YOU WILL HAVE YOUR PRIVACY

You will have a private room

We have two collection rooms for your convenience

Your partner can accompany you and may assist you



# TEST RESULTS THE NEXT WEEK

Results are sent directly to your doctor to discuss with you and your partner.

Together with your partner's results, the doctor can advise the best way forward

SOMETIMES A REPEAT  
TEST OR TREATMENT  
IS NEEDED.

We will guide you all the way.

## YOUR RESULTS

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