

HOW DO YOU KNOW WHEN TO MAKE THE FIRST MOVE?

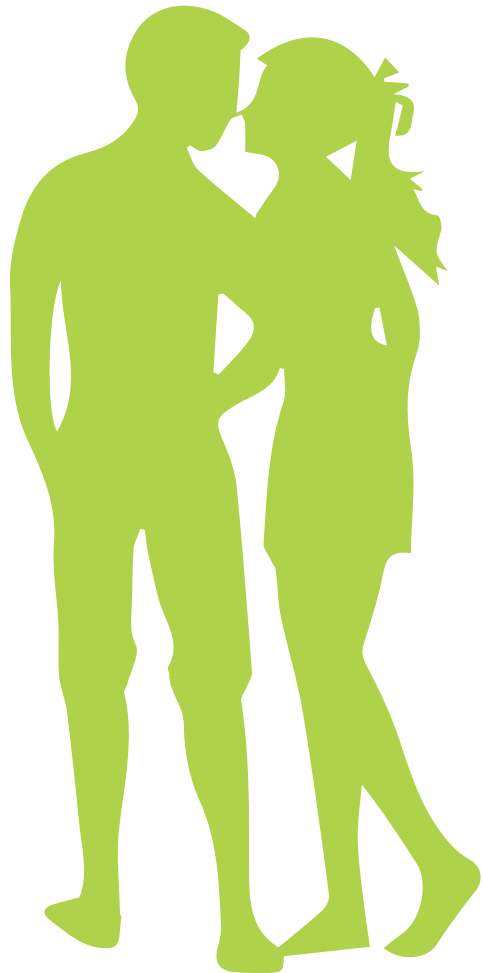
MANY QUESTIONS ARISE ABOUT WHEN OR WHAT
YOU COULD DO OR SHOULD HAVE DONE BEFORE
MAKING YOUR FIRST FERTILITY APPOINTMENT
– LOOK AT THESE SCENARIOS TOGETHER
AND SEE



CALL OUR FRIENDLY RECEPTIONIST ON:

031 830 3040

YOU ARE IN A RELATIONSHIP, OR



YOU'VE BEEN BOYFRIEND AND GIRLFRIEND
, MAYBE ALREADY

MARRIED FOR A VERY LONG TIME...
AND HAVE BEEN TRYING TO FALL PREGNANT
FOR QUITE A WHILE...

YOU HAVE REGULAR INTERCOURSE –
THAT MEANS AT LEAST
2-3 TIMES EVERY WEEK
YOU SHOULD FALL PREGNANT WITHIN
6-12 MONTHS...

IF IT HASN'T HAPPENED OR THINGS ARE
NOT GOING AS SMOOTHLY AS EXPECTED
– PHONE US!



YOU ARE

IN A DIFFERENT KIND OF RELATIONSHIP, OR

YOU ARE A COUPLE IN THE
LBGT COMMUNITY
AND HAVE A COMMITTED
RELATIONSHIP THINKING
OF COMPLETING THE CIRCLE

DONORS, SURROGACY AND
THE DYNAMICS OF 3RD
PARTY FERTILITY TREATMENTS
CAN BE FULLY
DISCUSSED.

THERE IS A LOT OF OPTIONS
AND MANY SCARY STORIES
TOO, THEREFORE PROPER
GUIDANCE AND
INFORMATION ARE ESSENTIAL
FOR YOU TO MAKE GOOD
DECISIONS FOR YOUR
FUTURE FAMILY.

DO NOT DELAY, JUST CALL US
FROM THE START..



A green silhouette of a woman in a business suit, standing with her hands on her hips and holding a briefcase, positioned on the left side of the advertisement.

YOU ARE STILL WAITING FOR PERSON PERFECT, OR

AS A HARDWORKING WOMAN IN A MAN'S WORLD,
CAREERS MAY CLAIM OUR BEST REPRODUCTIVE
YEARS

BUT THERE ARE OPTIONS TO PRESERVE YOUR
FERTILITY FOR LATER.

EGGS CAN BE STORED FOR MANY YEARS, UNTIL
YOU ARE READY...STOP THE CLOCK SO TO SPEAK...
BUT BEFORE 50, BECAUSE PREGNANCY CAN GET
COMPLICATED FOR YOU AND BABY THEREAFTER

THE EARLIER YOU FREEZE YOUR EGGS, BEFORE 38
AT LEAST, BEFORE 36 EVEN BETTER, AS THEIR
QUALITY ARE BETTER WHEN YOU ARE YOUNGER,
THE HIGHER YOUR CHANCES FOR A FAMILY LATER.

CALL US TODAY FOR MORE INFORMATION TODAY





YOU REALLY DON'T WANT TO, BUT HAVE TO

MAYBE STILL TOO YOUNG TO THINK ABOUT HAVING KIDS? BUT SOMETIMES CIRCUMSTANCES PUSH YOU TO SUDDENLY THINK ABOUT YOUR FUTURE... WHEN YOU HAVE A SERIOUS INJURY TO OR CLOSE TO YOUR PRIVATES, YOU ARE DIAGNOSED WITH CANCER OR PRE-CANCER, NEED LIFE-CHANGING MEDICATION OR TREATMENT, IT CAN PERMANENTLY REDUCE YOUR FERTILITY AND FUTURE CHANCES OF HAVING KIDS...

YOUR DOCTOR MIGHT NOT THINK ABOUT SAVING FERTILITY, AS THEY ARE FOCUSED ON YOUR HEALTH AND TREATMENT TO SAVE YOU...WHICH IS MOST IMPORTANT!

BUT WE CAN WORK WITH YOUR DOCTOR(S) TO INCORPORATE SAVING YOUR FERTILITY INTO YOUR PLANNED TREATMENT...

Contact us urgently to discuss your options ASAP!

**OR SOMETIMES,
life just happened**

YOU'VE HAD A VASECTOMY DONE OR TUBES SEALED YEARS AGO, AND NOW, CAN YOU BELIEVE IT, YOU WANT TO HAVE A BABY REVERSAL IS NOT ALWAYS POSSIBLE, OR SUCCESSFUL THEREFORE IVF IS AN IMPORTANT OPTION TO DISCUSS FROM THE START

We can guide you – call us when you are ready...

INJURIES, DISABILITIES AND CHRONIC MEDICATIONS HAVE PERMANENT AFFECTS ON YOUR FERTILITY AND REPRODUCTIVE FUNCTIONS
YOU NEED A SPECIALIST TO ASSESS AND ADVISE YOU ACCORDING TO YOUR SPECIFIC CIRCUMSTANCES.
THERE ARE MANY METHODS AND OPTIONS AVAILABLE THAT CAN BE CUSTOMISED ACCORDINGLY
COME IN FOR A FULL CONSULTATION AND PROFESSIONAL ASSESSMENT TO ADVISE YOUVV



FOR THOSE STILL WANTING TO TRY ALL

THE TRICKS IN THE BOOK AT HOME, THERE ARE ONLY A FEW BASICS THAT MAY REALLY IMPROVE YOUR CHANCES:



CHANGE ONLY TO HEALTHY ALTERNATIVES NO SPECIAL DIETS JUST BALANCED MEALS LESS FAST OR PROCESSED FOODS MORE SELF COOKED MEALS WITH SALADS AND VEGGIES DO SOME EXERCISE 2-3 DAYS A WEEK –TOGETHER ONE MULTI VITAMIN SUPPLEMENT IS



AIM FOR THE MIDDLE THIS IS NOT ROMATIC BUT MAKE THE BEST OF IT KEEP A CALENDAR OF YOUR PERIOD IT SHOULD BE REGULAR HAVE INTERCOURSE MORE REGULARLY IN THE MIDDLE WEEKS BETWEEN YOUR PERIODS DO NOT USE LUBRICANTS.



DO NOT WAIT TOO LONG, THE SOONER THE BETTER WE CAN GIVE YOU GOOD ADVICE EVEN IF YOU ARE ONLY STARTING TO TRY THE LONGER YOU HAVE BEEN TRYING - 1YEAR MAX, THE SOONER YOU SHOULD CALL IF THE SHE IS OLDER THAN 36, RATHER

